

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Life Care Center of Thief River Falls

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Goal: To provide parenting education and services to pregnant and parenting women so as to bring about positive alternatives to abortion in Northwest Minnesota

For the period/quarter: Quarter 6 October 2017 – December 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to grant staff Attend required grant meetings		There has been some turnover in our staff as of September. Training on Procedures and Regulations have been administered. The New ED is to attend the Fall Grantee Meeting in St. Paul in October.	
Outreach	Community Education and Contact Activities		The Center held Annual Walk for Life on Sept 16 th . A newsletter was updated and sent out to subscribers monthly via email. Center participated in local Parades and Fairs for community outreach.	
Pregnancy Testing	Provide pregnancy testing, assessment for program eligibility, and pregnancy counseling.	12	We administered 5 pregnancy tests this quarter – 4 positive and 1 negative.	5

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Parenting Education	Assist clients in accessing needed services, provide referrals for clients needing other community resources, enroll clients in program and assess client needs, meet individually with clients to complete assignments	25	(23) Clients participated in the EWYL Program this quarter. (8) New clients were enrolled into the EWYL Program. (62) Total EWYL Sessions were Administered. (23) Outside referrals were provided to our EWYL Clients.	23
	Arrange for an outside Infant and Adult CPR and First Aid Trainer to provide 3 CPR and First Aid sessions per year Provide 3 CPR and First Aid sessions for clients per year Provide supplies for CPR class	1	No CPR Classes were administered this Quarter.	0
Case Management Services	Provide on-going telephone follow-up and/or office appointments for clients testing positive for pregnancy, assess client needs; assist client in accessing services	50	(23) Clients were served this quarter via EWYL Program or Walk-In Services.	23
Material Support	Provide material assistance to women	25	(57) Material Items provided to clients via the Baby Boutique. (2) Material Items provided to clients via One-Time Emergency Assistance.	59

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Transportation Assistance	Provide gas vouchers for clients attending classes; if needed	5	(24) Fuel Vouchers were provided for (7) Clients this quarter. (1) Bus Rides were requested.	24
Nutrition	Arrange for a Certified Nutritionist to provide 2 nutrition education sessions per year Provide 2 nutrition education sessions to 6 clients per year Provide incentive items for clients attending nutrition class 2 classes	6	A Nutrition class was provided on 11/2/17 of this quarter. Only (1) Client participated. A Breastfeeding Class was provided on 11/14/17 of this quarter. (3) Clients Participated in learning about Infant Nutrition via Breastfeeding.	4
Car Seat Program	Enroll clients in the EWYL program Provide car seat safety education	2	(1) EWYL Client was administered car seat safety education via video this quarter.	1
Life Skills Educational Program	Enroll clients in EWYL program Provide assistance to clients with developing healthy relationships Provide assistance with money management Provide help with job assistance	4	Life Skills Topics were discussed (16) times this quarter with (13) different EWYL clients.	16
Crib Distribution/ Sleep Safety Education	Enroll clients in the EWYL program Provide sleep safety information to clients Provide crib or pack n' play	4	Sleep safety information was provided (2) times to EWYL clients. (2) Cribs were given out. (1) Pack and Play was given out.	3

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Ultrasound	Offer limited ultrasound services to abortion vulnerable women who are 7-14 weeks along in their pregnancy Provide initial intake assessment and pregnancy counseling	2	(0) Ultrasounds were performed this quarter (Actively Looking for an MD). (8) Intakes and Clients enrolled into the EWYL program.	0
Provide Necessary Services to all clients	Provide initial intake assessment to determine need Provide women with information on, referral to and assistance with securing pregnancy support services Utilize resource database to provide information and make referrals	12	(8) Initial Intakes and Enrollments into the EWYL program were completed. (62) EWYL Sessions were completed, with assessments for necessary services completed at each visit. (23) Outside referrals were provided.	8
Provide Necessary Services Assessments Only	Provide initial intake assessment to determine need Provide women with information on, referral to and assistance with securing pregnancy support services	2	(1) Woman was provided an Initial Assessments, Pregnancy Test (Negative) and Referrals for other programs, but was not enrolled in to the EWYL program.	1

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	1
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	1
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	3
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	0

Challenges: Increasing Community Awareness to help increase Client Enrollment. Increasing Client Participation in Educational Classes provided (Nutrition/Breastfeeding/CPR/etc)

Comments: Continuing to work on data input and better tracking for reporting.